



Valentine's Ball

The romantic event of the season!
Saturday, February 13

Enjoy dancing to popular music from 1900 to the 1920s. The dances are easy to do and all levels of dancers are welcome; the pre-ball workshops will get you ready to enjoy the evening. Music will be provided by the Huron Valley Serenaders.

Costume from 1900 to the 1920s is encouraged but not required. (For details, visit our Web site.) Preregistration is preferred.



Pre-ball Workshops

Time: 12:00 noon – 1:30 p.m. — **The Best of Ragtime.** The basic steps you'll need for the ball and a chance to dance to delightful period music. For all levels.
1:45 – 3:15 p.m. — **More 20th century favorites.** Includes the Airplane waltz and the Maurice Tango. For more experienced dancers.

Price: \$5 per workshop, free if attending the ball

Ball

Time: 8:00 – 11:00 p.m.
Price: \$25 per person in advance
\$30 per person at the door
Either price includes pre-ball workshops

Registration Options

- Write a check to "Grand Traditions" and mail to: 2179 Georgetown Blvd., Ann Arbor, MI 48105
- E-mail info@vintagedance.com
- Call 734-769-0041
- Visit www.vintagedance.com/register.htm



What We Do

Grand Traditions has been sponsoring dance classes and balls in Ann Arbor since 1990.

At Grand Traditions we welcome dancers of all skill levels. Emphasis is on the social aspects of dancing as well as developing dance skills and increasing awareness of our dance heritage. We offer classes in various forms of social dance including "vintage dance" and more contemporary social dance and swing.

The term "vintage dance" refers to a wide variety of social dances from the Victorian, Ragtime and early Jazz eras. We have classes in both the basic and advanced levels and sponsor annual 19th century and early 20th century balls to give dancers opportunities to practice their new steps and to immerse themselves in the period.

Our social dance basics classes are for anyone who wants to learn how to dance basic couple dances and how to be a good dance partner.

Cathy Stephens, Artistic Director

Cathy Stephens has served as the Artistic Director, Instructor, and Dance Mistress for Grand Traditions since it was founded. She is also the founder and Director of the Pleasant Moments Vintage Dancers performance company.

Cathy is one of the most popular and skillful dance teachers in North America today. As a professional dance instructor, choreographer, and historical dance specialist since 1984, she has traveled extensively, teaching and conducting hundreds of dance events for museums and historical sites, festivals, universities, and many arts, educational, and recreational organizations. Her ability to create enjoyable programs and classes in a wide range of dance forms pleases dancers of all levels.

Private Dance Lessons

Cathy Stephens offers private dance lessons. For information, e-mail: ihnerantdancemistress@yahoo.ca.



Special 20th
Anniversary Season

Celebrating Social & Vintage Dance

dances • workshops • balls
Sponsored by Grand Traditions



January – March 2010

All events held at Pitsfield Grange Hall
3337 Ann Arbor-Saline Rd.
Ann Arbor, Michigan
734-769-0041 or 734-426-0241
www.vintagedance.com





Dance Workshops

Instructor: Cathy Stephens

No partner or preregistration required.

Every second Saturday offers a great way to expand your dance experience in a single afternoon. Classes will be on general social dancing as well as opportunities to work on the dances we'll be doing at the balls. After the classes, stay for our informal Saturday social dances where you can socialize and try out your new steps.

Celebrating Our Heritage with Dance

For this anniversary series, the focus is on old fashioned fun. The classes will include a potpourri of easy-to-learn dances from the first few decades of the 20th century. Many will be danced at our Valentine's Ball in February.

Heritage Dances: Polka to Maxixe

Saturday, Jan. 9 • 1:00 – 2:00 p.m.

What on earth is a Maxixe? And how does it relate to the 20th century Polka? Come and find out as you try this early ancestor of the samba. Stay for the Latin Dance class and learn the more contemporary version of this early ballroom dance.

\$10 per person. Includes the Social Dance at 3:15.

Heritage Dances: 20th Century Sequence and Party Dances

Saturday, Mar. 13 • 1:00 – 2:00 p.m.

We continue our anniversary celebrations with fun and easy group dances from the 20th century, such as the Boston Two Step, Tango Mixer, Big Apple and The Lambeth Walk.

\$10 per person. Includes the Social Dance at 3:15.

Dancing Made Easy: Social Dance Basics Series

The easy way to learn how to dance! As you learn these popular social dances, you'll acquire basic dance skills to help you become a good partner and

give you confidence on the dance floor. These classes are excellent preparations for weddings, proms, and parties, as well as our vintage events.

Latin Dance Made Easy

Saturday, Jan. 9 • 2:00 – 3:00 p.m.

Discover the secret to learning three popular Latin dances in one easy lesson. You'll be surprised how quickly you'll learn how to do the Merengue, Samba, and Rumba.

\$10 per person. Includes the Social Dance at 3:15.

Fox Trot: Then and Now

Saturday, Mar. 13 • 2:00 – 3:00 p.m.

Learn the basic steps of the fox trot as we trace this dance from its origins in the early 20th century.

We'll dance to a variety of fox trot music including original recordings from the 'teens and '20s, such as Duke Ellington, Big Bands, and more.

\$10 per person. Includes the Social Dance at 3:15.

Vintage 2 Series

For more experienced dancers. Classes move faster as instructor Cathy Stephens focuses on period styling and more challenging steps and variations. No partner or preregistration required.

Early 20th Century Favorites

We'll look at steps from a variety of dances from the Cake Walk and Castle Walk to Tango and Fox Trot.

Dates: Saturdays, Jan. 9, Mar. 13

Time: 10:30 a.m. – 12:00 noon

Price: \$20 per person for the series

Saturday Socials

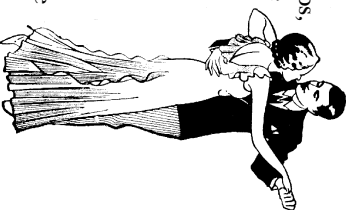
Come to these casual dances to review lessons from our workshops, practice your new steps, and have fun dancing! Casual dress. No partner or preregistration required.

Dates: Saturdays, Jan. 9, Mar. 13

Time: 3:15 – 4:30 p.m.

Price: \$5 per person.

Free with admission to the 1:00 or 2:00 workshop.



The Grand Reunion Ball

Saturday, December 12

A special anniversary is the perfect time to relive some of the wonderful dance moments we've had and to share them with old friends and new friends alike.

This year, we are planning a special ball featuring favorite dances from our programs and themes from the past 20 years. Dances will be from American, English, Scottish, Scandi, and Central European traditions and will span the period from 1800 to 1900. Music will be provided by Childgrove with Debbie Jackson, Anne Ogren and Martha Stokely. Costume from any period from 1800 through 1900 is encouraged but not required. All levels of dancers are welcome. Preregistration is preferred.

Pre-ball Workshops

Time: 11:30 a.m. – 1:30 p.m. — **Set dances and etiquette.** For all levels.

1:45 – 3:00 p.m. — **Hongroise and Le Cavalier.** For more experienced dancers.

Price: \$5 per workshop, free if attending the ball

Ball

Time: 7:45 – 11:00 p.m.

Price: \$25 per person in advance

\$30 per person at the door

Either price includes pre-ball workshops

Registration Options

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Second Saturday Swing

To be announced. For information, visit our Web site.

