



What We Do

Grand Traditions has been sponsoring dance classes and balls in Ann Arbor since 1990.

At Grand Traditions we welcome dancers of all skill levels. Emphasis is on the social aspects of dancing as well as developing dance skills and increasing awareness of our dance heritage. We focus on various forms of "vintage dance," which refers to a wide variety of social dances from the Victorian, Ragtime, and early Jazz eras.

Our annual 19th century and early 20th century balls and the accompanying dance workshops give dancers an opportunity to expand their dance repertoire and immerse themselves in the period.

Cathy Stephens, Artistic Director

Cathy Stephens has served as the Artistic Director, Instructor, and Dance Mistress for Grand Traditions since it was founded. She is also the founder and Director of the Pleasant Moments Vintage Dancers performance company.

Cathy is one of the most popular and skillful dance teachers in North America today. As a professional dance instructor, choreographer, and historical dance specialist since 1984, she has traveled extensively, teaching and conducting hundreds of dance events for museums and historical sites, festivals, universities, and many arts, educational, and recreational organizations. Her ability to create enjoyable programs and classes in a wide range of dance forms pleases dancers of all levels.

Private Dance Lessons

Cathy Stephens offers private lessons on many styles of social dancing, from vintage to contemporary. Email itinerantdancemistress@yahoo.ca.



Celebrate Vintage Dance and Our 30th Anniversary season of vintage dance balls



*sponsored by Grand Traditions
December 2019 & February 2020*

734-769-0041 or 734-426-0241
www.vintagedance.com



Grand Traditions Vintage Dance
2179 Georgetown Blvd.
Ann Arbor, MI 48105



Save the date - time is of the essence!

The Time Travelers Ball

Saturday, December 14, 2019
7:45 - 11:00 p.m.

To celebrate our 30th anniversary, we will be "Time Traveling", not only back to the 19th century but also back to some of the themed balls that Cathy has devised for us over the past years. You may be traveling to Old Vienna, Paris, Prague, the Orient, or Scotland. You may be dancing with characters from Sherlock Holmes or Alice in Wonderland, or those devised by Washington Irving, Charles Dickens, and Mark Twain. And perhaps you'll even meet some Gypsies, faeries, or wizards.

Period costumes from any era of the 19th century are encouraged. Or come as a character from one of our past balls, or anything relating to time.

Dances are researched and taught by Dance Mistress Cathy Stephens. Music will be provided by **Childgrove** (Debbie Jackson, Anne Ogren, and Martha Stokely), whose wonderful music has graced many of our balls over the past 30 years!

Pre-ball Workshops

10:30 a.m. - 12:30 p.m. — Quadrille Sets from Our Past. Featuring select quadrille figures from past ball themes.

12:30 - 1:30 p.m. — Lunch break. Go out for a quick bite or bring a lunch to eat at the hall.

1:30 - 3:00 p.m. — Elegant Dancing. Featuring early European dances such as the Polonaise and Regency waltz, to the Viennese Waltz of the second half of the 19th century.

Place: Pittsfield Grange Hall
3337 Ann Arbor-Saline Rd, Ann Arbor, Michigan



More anniversary celebrations!

Valentine's Ball the romantic event of the season!

Saturday, February 8, 2020
8:00 - 11:00 p.m.

Join us in celebrating our 30th year of dancing to popular music from 1900 through the 1920s. The dances are easy to do and all levels of dancers are welcome: the pre-ball workshop will get you ready to enjoy the evening.

Cathy Stephens, our Dance Mistress, will lead the dancing. Lively music will be provided by the **Huron Valley Serenaders** (featuring Jon Milan, Mike Karoub, and Tommy Bogardus). This fantastic combo has thrilled us with their hot renditions of this music for many years.

Period costumes are encouraged but not required. (For suggestions, visit our web site). Pre-registration is preferred.

Pre-ball Workshops

11:00 a.m. - 12:30 p.m. — The Best of Ragtime. The basic steps you'll need for the ball and a chance to practice.

12:30 - 1:30 p.m. — Lunch break. Go out for a quick bite or bring a lunch to eat at the hall.

1:30 - 3:00 p.m. — Thirty Years of Happy Dancing! A selection of favorite steps from the Grand Traditions repertoire. (If you are a Grand Traditions regular and have a favorite step that we've done over the years, let Cathy know. Cathy's email address is on the back of this brochure.)

Place: Zal Gaz Grotto Club
2070 West Stadium Blvd, Ann Arbor, Michigan



Prices for All Events

Balls: \$30 per person per ball, includes workshops
Workshops: \$10 each, free if attending ball

Grand Traditions Registration Options

Preregistration for the balls is preferred. To register:

- Complete the information below and mail this form with your check to:
2179 Georgetown Blvd., Ann Arbor, MI 48105
- Email info@vintagedance.com
- Call 734-769-0041

Make checks payable to:
Grand Traditions Vintage Dance

For more information, call 734-769-0041 or email info@vintagedance.com.

NAME(S) _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE _____

E-MAIL _____

of persons \$ amount

Parisian Ball _____
(December 14, 2019)

Valentine's Ball _____
(February 8, 2020)

Total enclosed _____

