



## What We Do

Grand Traditions has been sponsoring dance classes and balls in Ann Arbor since 1990.

At Grand Traditions we welcome dancers of all skill levels. Emphasis is on the social aspects of dancing as well as developing dance skills and increasing awareness of our dance heritage. We focus on various forms of "vintage dance," which refers to a wide variety of social dances from the Victorian, Ragtime, and early Jazz eras.

Our annual 19th century and early 20th century balls and the accompanying dance workshops give dancers an opportunity to expand their dance repertoire and immerse themselves in the period.

## Cathy Stephens, Artistic Director

Cathy Stephens has served as the Artistic Director, Instructor, and Dance Mistress for Grand Traditions since it was founded. She is also the founder and Director of the Pleasant Moments Vintage Dancers performance company.

Cathy is one of the most popular and skillful dance teachers in North America today. As a professional dance instructor, choreographer, and historical dance specialist since 1984, she has traveled extensively, teaching and conducting hundreds of dance events for museums and historical sites, festivals, universities, and many arts, educational, and recreational organizations. Her ability to create enjoyable programs and classes in a wide range of dance forms pleases dancers of all levels.

## Private Dance Lessons

Cathy Stephens offers private lessons on many styles of social dancing, from vintage to contemporary. Email [itinerantdancemistress@yahoo.ca](mailto:itinerantdancemistress@yahoo.ca).



Grand Traditions Vintage Dance  
2179 Georgetown Blvd.  
Ann Arbor, MI 48105



# Celebrate Vintage Dance

with a season of  
vintage dance balls  
sponsored by Grand Traditions



December 2018 & February 2019

734-769-0041 or 734-426-0241  
[www.vintagedance.com](http://www.vintagedance.com)



Glide into an evening of mystery and magic at the  
**Mages & Mystics Ball!**

**Saturday, December 8, 2018**  
**7:45 – 11:00 p.m.**

Spend an evening in the spirit realm as we waltz through the cosmos in a dreamy ether of our own devising. Join your fellow mages and mystics, fairies and elves in an evening of dancing old Victorian dances and perhaps some new figures that have suddenly made their presence known. You may even encounter some ghosts from the past!

We encourage 19th century ball attire or that of a wielder of magic, a mystic, a denizen of the "faerie" world — or even a ghost of balls past. (Period or thematic costumes are encouraged but not required.)

You will be transported by music provided by Debbie Jackson, Anne Ogren, and Martha Stokely (a.k.a. Childgrove).

Dances will be taught at the workshops and led at the ball by Dance Mistress (and Terpsichorian Oracle), Cathy Stephens. All levels of dancers are welcome. Preregistration is preferred.

### Pre-ball Workshops

**10:30 a.m. – 12:30 p.m. — Set Dances from the Mists of Time.** When the mists clear, the figures will be revealed and then we can practice the set dances to be done at the ball. For all levels.

**1:30 – 3:00 p.m. — Ghosts of Balls Past.** Featuring some of those strangely familiar steps of popular dances from past Grand Traditions Balls, including Esmeralda, Hongroise, and Varsouvienne.

### Place

Pittsfield Grange Hall  
3337 Ann Arbor-Saline Rd, Ann Arbor, Michigan

## Valentine's Ball

the romantic event of the season!

**Saturday, February 9, 2019**  
**8:00 – 11:00 p.m.**

Enjoy dancing to the wonderful music of the Ragtime era. The dances from 1900 to the 1920s are easy to learn and all levels of dancers are welcome. Be sure to attend the pre-ball workshops during the day, where Cathy Stephens will teach you the basic steps you'll need to dance all night. Music will be provided by the Huron Valley Serenaders.

Period dress is encouraged but not required. Preregistration is preferred.

### Pre-ball Workshops

**11:00 a.m. – 12:30 p.m. — Stepping into the Ragtime Era.** Practice the basic steps you'll need for the ball and dance to delightful period music. For all levels of dancers.

**1:30 – 3:00 p.m. — The Dawn of Jazz Age Dancing.** A look back to 100 years ago when the dances of the ragtime age were changing after World War I and transitioning into the jazz dances of the 1920s. The focus will be on the late teens and early '20s versions of the one step, foxtrot, blues, and tango.

### Place

Zal Gaz Grotto Club  
2070 West Stadium Blvd, Ann Arbor, Michigan

### Lunch Break

In both December and February, a one-hour lunch break is provided between the morning and afternoon workshops. You're welcome to pack a lunch to eat at the hall.

## Prices for All Events

**Balls:** \$30 per person per ball, includes workshops  
**Workshops:** \$10 each, free if attending ball

## Grand Traditions Registration Options

Preregistration for the balls is preferred. To register:

- Complete the information below and mail this form with your check to:  
2179 Georgetown Blvd., Ann Arbor, MI 48105
- Email [info@vintagedance.com](mailto:info@vintagedance.com)
- Call 734-769-0041

Make checks payable to:

*Grand Traditions Vintage Dance*

For more information, call 734-769-0041 or e-mail [info@vintagedance.com](mailto:info@vintagedance.com).

NAME(S) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

	# of persons	\$ amount
Mages & Mystics Ball (December 8, 2018)	_____	_____
Valentine's Ball (February 9, 2019)	_____	_____
<b>Total enclosed</b>	_____	_____

