



## *What We Do*

Grand Traditions has been sponsoring dance classes and balls in Ann Arbor since 1990.

At Grand Traditions we welcome dancers of all skill levels. Emphasis is on the social aspects of dancing as well as developing dance skills and increasing awareness of our dance heritage. We focus on various forms of "vintage dance," which refers to a wide variety of social dances from the Victorian, Ragtime, and early Jazz eras.

Our annual 19th century and early 20th century balls and the accompanying dance workshops give dancers an opportunity to expand their dance repertoire and immerse themselves in the period.

## *Cathy Stephens, Artistic Director*

Cathy Stephens has served as the Artistic Director, Instructor, and Dance Mistress for Grand Traditions since it was founded. She is also the founder and Director of the Pleasant Moments Vintage Dancers performance company.

Cathy is one of the most popular and skillful dance teachers in North America today. As a professional dance instructor, choreographer, and historical dance specialist since 1984, she has traveled extensively, teaching and conducting hundreds of dance events for museums and historical sites, festivals, universities, and many arts, educational, and recreational organizations. Her ability to create enjoyable programs and classes in a wide range of dance forms pleases dancers of all levels.

## *Private Dance Lessons*

Cathy Stephens offers private lessons on many styles of social dancing, from vintage to contemporary. Email [itinerantdancemistress@yahoo.ca](mailto:itinerantdancemistress@yahoo.ca).



Grand Traditions Vintage Dance  
2179 Georgetown Blvd.  
Ann Arbor, MI 48105



# *Celebrate Vintage Dance*

*with a season of  
vintage dance balls  
sponsored by Grand Traditions*



*December 2016 & February 2017*

734-769-0041 or 734-426-0241  
[www.vintagedance.com](http://www.vintagedance.com)





*Waltz into an evening  
of old world charm at the*

## *Castles and Villages Ball*

**Saturday, December 10, 2016  
7:45 – 11:00 p.m.**

This 19th century ball features exciting dances and music from the castles and villages of Central and Eastern Europe. Dances include the Polonaise and Varsouvienne from Poland, Czech polka and Csardas from Hungary, and a variety of quadrilles and other 19th century set dances.

Period dress is encouraged but not required. In the style of the popular fancy dress balls of the late 19th century, you can come as a prince or princess from the castle, an old world villager, or a fictional character from European folk tales.

Dances are researched and taught by Dance Mistress Cathy Stephens. Music will be provided by Debbie Jackson, Anne Ogren and Susan Lazar. All levels of dancers are welcome. Preregistration is preferred.

### *Pre-ball Workshops*

**10:30 a.m. – 12:30 p.m. — European Dances, Set Dances, and Etiquette.** Learn several of the dances that will be featured at the ball, including the Polonaise, Csardas, Prince Imperial Quadrille, and a few mazurka waltz steps. For all levels.

**1:30 – 3:00 p.m. — Village Varieties and Bohemian National Polka.** Here's your chance to practice the figures for the Village Varieties Quadrille and the ever popular Bohemian National Polka.

### *Location*

Pittsfield Grange Hall  
3337 Ann Arbor-Saline Rd., Ann Arbor, Michigan



*Valentine's Ball  
the romantic event of the season!*

**Saturday, February 11, 2017  
8:00 – 11:00 p.m.**

Enjoy dancing to the wonderful music of the Ragtime era. The dances from 1900 to 1920 are easy to learn and all levels of dancers are welcome. Music will be provided by the Huron Valley Serenaders.

Period dress is encouraged but not required. All levels of dancers are welcome. Preregistration is preferred.

### *Pre-ball Workshops*

**11:00 a.m. – 12:30 p.m. — Stepping into the Ragtime Era.** Practice the basic steps you'll need for the ball and dance to delightful period music. For all levels.

**1:30 – 3:00 p.m. — Decorous and Daring Dances of the Day.** Steps to go with a dramatic range of Ragtime era music and moods. Intermediate.

### *Location*

Zal Gaz Grotto Club  
2070 West Stadium Blvd, Ann Arbor, Michigan

### *Lunch Breaks*

A one-hour lunch break is provided between the morning and afternoon workshops. If you plan to attend both workshops, you're welcome to pack a lunch to eat at the hall.

### *Prices for All Events*

**Balls:** \$30 per person per ball, includes workshops  
**Workshops:** \$10 each, free if attending ball



## *Grand Traditions Registration Options*

Preregistration for the balls is preferred. To register:

- Complete the information below and mail this form with your check to:  
2179 Georgetown Blvd., Ann Arbor, MI 48105
- E-mail [info@vintagedance.com](mailto:info@vintagedance.com)
- Call 734-769-0041

Make checks payable to:

*Grand Traditions Vintage Dance*

For more information, call 734-769-0041 or e-mail [info@vintagedance.com](mailto:info@vintagedance.com).

NAME(S) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

	# of persons	\$ amount
Castles & Villages Ball (December 10, 2016)	_____	_____
Valentine's Ball (February 11, 2017)	_____	_____
<b>Total enclosed</b>	_____	_____

