



The Grand Reunion Ball

Saturday, December 12

A special anniversary is the perfect time to relive some of the wonderful dance moments we've had and to share them with old friends and new friends alike.

This year, we are planning a special ball featuring favorite dances from our programs and themes from the past 20 years. Dances will be from American, English, Scottish, Scandi, and Central European traditions and will span the period from 1800 to 1900. Music will be provided by Childgrove with Debbie Jackson, Anne Ogren and Martha Stokely.

Costume from any period from 1800 through 1900 is encouraged but not required. All levels of dancers are welcome. Preregistration is preferred.

Pre-ball Workshops

Time: 11:30 a.m. – 1:30 p.m. — Set dances and etiquette. For all levels.

1:45 – 3:00 p.m. — Hongroise and Le Cavalier. For more experienced dancers.

Price: \$5 per workshop, free if attending the ball

Ball

Time: 7:45 – 11:00 p.m.

Price: \$25 per person in advance

\$30 per person at the door

Either price includes pre-ball workshops

Registration Options

- Write a check to "Grand Traditions" and mail to: 2179 Georgetown Blvd., Ann Arbor, MI 48105
- E-mail info@vintagedance.com
- Call 734-769-0041
- Visit www.vintagedance.com/register.htm

Private Dance Lessons

Cathy Stephens offers private lessons on many styles of dancing. She is available at the Grange on second weekends from September through March. Other times can be arranged. Email itinerantdancemistress@yahoo.ca.



What We Do

Grand Traditions has been sponsoring dance classes and balls in Ann Arbor since 1990.

At Grand Traditions we welcome dancers of all skill levels. Emphasis is on the social aspects of dancing as well as developing dance skills and increasing awareness of our dance heritage. We offer classes in various forms of social dance including "vintage dance" and more contemporary social dance and swing.

The term "vintage dance" refers to a wide variety of social dances from the Victorian, Ragtime and early Jazz eras. We have classes in both the basic and advanced levels and sponsor annual 19th century and early 20th century balls to give dancers an opportunity to practice their new steps and to immerse themselves in the period.

Our social dance basics classes are for anyone who wants to learn how to dance basic couple dances and how to be a good dance partner.

Cathy Stephens, Artistic Director

Cathy Stephens has served as the Artistic Director, Instructor, and Dance Mistress for Grand Traditions since it was founded. She is also the founder and Director of the Pleasant Moments Vintage Dancers performance company.

Cathy is one of the most popular and skillful dance teachers in North America today. As a professional dance instructor, choreographer, and historical dance specialist since 1984, she has traveled extensively, teaching and conducting hundreds of dance events for museums and historical sites, festivals, universities, and many arts, educational, and recreational organizations. Her ability to create enjoyable programs and classes in a wide range of dance forms pleases dancers of all levels.



Special 20th Anniversary Season Celebrating Social & Vintage Dance

dances • workshops • balls
Sponsored by Grand Traditions



September – December 2009

All events held at Pittsfield Grange Hall
3337 Ann Arbor-Saline Rd.
Ann Arbor, Michigan

734-769-0041 or 734-426-0241
www.vintagedance.com





Dance Workshops

Instructor: Cathy Stephens

No partner or preregistration required.

Every second Saturday offers a great way to expand your dance experience in a single afternoon. Classes will be on general social dancing as well as opportunities to work on the dances we'll be doing at the balls. After the classes, stay for our informal Saturday social dances where you can socialize and try out your new steps.

Celebrating Our Heritage with Dance

For this anniversary series, the focus is on old fashioned fun. The classes will include a potpourri of easy-to-learn heritage, early ballroom, and European folk dances. Many will be danced at our Grand Reunion Ball in December.

Heritage Dances: An Introduction

Saturday, Sept. 12 • 1:00 – 2:00 p.m.

Easy and fun circle, square, and couple dances from our past.

\$10 per person. Includes the Tea Dance at 3:15.

Heritage Dances: Varieties

Saturday, Oct. 10 • 1:00 – 2:00 p.m.

Lively and elegant dances that our ancestors loved. This session will combine set dance figures with simple waltz and polka steps.

\$10 per person. Includes the Social Dance at 3:15.

Heritage Dances: European Style

Saturday, Nov. 14 • 1:00 – 2:00 p.m.

Popular social dances and steps that our ancestors brought with them from Europe.

\$10 per person. Includes the Social Dance at 3:15.

Traffic Note

Our workshops on Sept. 12 coincide with a UM football game. Allow extra travel time and avoid the area near the stadium.

Dancing Made Easy: Social Dance Basics Series

The easy way to learn how to dance! As you learn these popular social dances, you'll acquire basic dance skills to help you become a good partner and give you confidence on the dance floor. These classes are excellent preparations for weddings, proms, and parties, as well as our vintage events.

How to Dance in One Easy Lesson

Saturday, Sept. 12 • 2:00 – 3:00 p.m.

In this introductory workshop, you'll find out how to do four different dances by learning just one simple step. The focus will be on dances that you can learn quickly and do to a wide variety of music. \$10 per person. Includes the Social Dance at 3:15.

Easy Swing and 1950s Rock 'n Roll

Saturday, Oct. 10 • 2:00 – 3:00 p.m.

Swing, Jive, Rock 'n Roll, the Bop... whatever you call it and whatever your age, you'll enjoy this "blast from the past," dancing to popular music from the 1940s and '50s.

\$10 per person. Includes the Social Dance at 3:15.

Social Dancing: Putting Steps Together

Saturday, Nov. 14 • 2:00 – 3:00 p.m.

Once you've learned the basic dance steps, work on putting them together in easy to lead (and follow) mini-sequences.

\$10 per person. Includes the Social Dance at 3:15.

Vintage 2 Series

For more experienced dancers. Classes move faster as instructor Cathy Stephens focuses on period styling and more challenging steps and variations. No partner or preregistration required.

19th Century Favorites

To help celebrate our anniversary, this year we'll review some of our favorite steps that we've learned over the past 20 years. Includes steps from Polonaise, Viennese Waltz, Hongroise, and Mazurka.

Dates: Saturdays, Sept. 12, Oct. 10, Nov. 14

Time: 10:30 a.m. – 12:00 noon

Price: \$30 per person for the series

Introductory Tea Dance

Saturday, Sept. 12

3:15 – 4:30 p.m.

Help us kick off our 20th anniversary season with this social dance mixer. Enjoy a potpourri of social and vintage dances that are easy enough for beginners yet fun and diverse enough for seasoned dancers.

Afternoon tea will be served. Dress is casual or tea party-dressy. Take advantage of this last chance to wear your summer whites.

Price: \$5 per person. Free with admission to the 1:00 or 2:00 workshop.

Saturday Socials

Here's an opportunity to enjoy social dancing in a relaxed and welcoming atmosphere. Come practice your new steps, meet new people and have fun dancing! Casual dress. No partner or preregistration required.

Dates: Saturdays, Sept. 12*, Oct. 10, Nov. 14

Time: 3:15 – 4:30 p.m.

Price: \$5 per person. Free with admission to the 1:00 or 2:00 workshop.

*Introductory Tea Dance

Second Saturday Swing

Calling all Lindy hoppers, jitterbuggers, boppers, and blues dancers. Local DJs spin vintage R&B, jump blues, and big band. All levels of dancers are welcome.

Dates: Second Saturdays:

Sept. 12 — Pitsfield Grange

Oct. 10 — Pitsfield Grange

Nov. 14 — Pitsfield Grange

Dec. 12 — Kenville Studios**

Time: 7:30 – 8:30 p.m. — Lesson

8:30 – 11:00 p.m. — Dance

Price: \$5 per lesson, \$5 per dance, or \$7 for both lesson and dance

** Kenville Studios, 323 Hoover Street, Ann Arbor